



Schweizerische Gesellschaft für Endokrinologie und Diabetologie  
Société Suisse d'Endocrinologie et de Diabétologie  
Società Svizzera d'Endocrinologia e da Diabetologia  
Sociedad Svizra d'Endocrinologia e Diabetologia



ZENTRALEUROPÄISCHE  
DIABETESGESELLSCHAFT

## Gemeinsamer Kongress Joint Congress



30. Juni – 2. Juli 2016  
Inselspital, Bern (Schweiz)

### 31. Donau-Symposium

31<sup>th</sup> Congress of the Federation of the International Danube Symposium on  
Diabetes mellitus

### 11. Kongress der Zentraleuropäischen Diabetesgesellschaft

11<sup>th</sup> Congress of Central European Diabetes Association

### Frühjahrestagung der Schw. Gesellschaft für Endokrinologie und Diabetologie

Spring-Meeting of the Swiss Society of Endocrinology and Diabetes

## Thursday, June 30, 2016

**11:15 - 12:00 FID Board Meeting** (*Kursraum 4, U1*)

**12:00 - 13:00 Lunch-Symposium** (*sponsored by Boehringer Ingelheim; Auditorium Rossi*)

*Chair: P. Diem, Bern*

H. Drexel, Feldkirch: Reduction of mortality in high risk patients with Empagliflozin – implications for treatment decisions in T2D

A. Zanchi, Lausanne: Influence of kidney function on treatment choices in T2D – a Swiss example

**13:45 - 14:10 Welcome address** (*Auditorium Rossi*)

*R. Lehmann, Zurich; P. Diem, Bern*

**14:10 - 15:30 Opening session** (*Auditorium Rossi*)

*Chair: P. Diem, Bern; R. Lehmann, Zurich*

14:10 - 14:50 P. Scherer, Dallas: The role of the adipose tissue in diabetes and obesity

14:50 - 15:30 H. Steinke, Bern: Johann Conrad Brunner and his studies on pancreatectomy

**15:30 - 16:00 Coffee break** (*Foyer*)

**16:00 - 17:40 Session 1: Update on novel treatment options in diabetes and metabolism** (*Auditorium Rossi*)

*Chair: E. Christ, Bern; W. Waldhäusl, Vienna*

16:00 - 16:25 R. Weitgasser, Salzburg: New insulins

16:25 - 16:50 M. Nauck, Bochum: GLP1-analogs

16:50 - 17:15 M. Laimer, Bern: New treatment options for hypercholesterolemia

17:15 - 17:40 N.C. Schloot, Düsseldorf: Diabetes disease classification: relevance to pathophysiology and treatment

**17:40 - 18:00 Coffee break** (*Foyer*)

**18:00 - 19:00 Satellite symposium: Beyond glucose lowering: GLP-1 effects on body weight and cardiovascular system**

*(Sponsored by Novo-Nordisk; Auditorium Rossi)*

*Chair: M. Donath, Basel*

Speakers: J.J. Holst, Copenhagen and S. Bilz, St. Gallen

**19:30 Welcome reception** (*Inselspital, main building, top floor*)

## Friday, July 1, 2016 (Main Session)

<b>08:15</b>	-	<b>09:00</b>	<b>FID Plenary Meeting</b> ( <i>Auditorium Rossi</i> )
<b>09:00</b>	-	<b>10:15</b>	<b>Session 2: Hot Topics in Diabetes</b> ( <i>supported by the Swiss Diabetes Foundation; Auditorium Rossi</i> ) <i>Chair: M. Brändle, St. Gallen; T. Temelkova-Kurktschiev, Sofia</i>
09:00	-	09:25	M. Roden, Düsseldorf: Adaptation of energy metabolism in NAFLD
09:25	-	09:50	M. Brändle, St. Gallen: Health economics of diabetes for the beginner
09:50	-	10:15	V. Schwitzgebel, Genf: Monogenic diabetes
<b>10:15</b>	-	<b>10:45</b>	<b>Coffee break</b> ( <i>Foyer, Kursraum 1</i> )
<b>10:45</b>	-	<b>12:30</b>	<b>Symposium: Technological solutions to address challenges in Diabetes and Obesity</b> ( <i>sponsored by Medtronic / Covidien; Auditorium Rossi</i> ) <i>Chair: M. Laimer, Bern, P. Kempler Budapest</i>
			R. Vigersky, Bethesda: What role for continuous glucose monitoring in T2 diabetes?
			B. Guerci: When intensive insulin therapy fails in type 2 diabetes: the role of pump therapy
			T. Köstler, Schlieren/Basel: Update bariatric surgery: which conservative and surgical methods are available?"
			D. Kröll, Bern: Metabolic Surgery – An Update from surgical perspective
			Panel discussion
<b>12:15</b>	-	<b>14:00</b>	<b>Lunch</b> ( <i>Foyer, Kursraum 1</i> )
<b>12:30</b>	-	<b>14:00</b>	<b>Poster Session</b> ( <i>Auditorium Rossi, Foyer, U1</i> ) <i>Chair: T. Stulnig, Vienna; N. Lalic, Belgrade</i>
<b>14:00</b>	-	<b>15:40</b>	<b>Session 3: The role of alpha-cells in diabetes</b> ( <i>Auditorium Rossi</i> ) <i>Chair: J. Philippe, Geneva; M. Roden, Düsseldorf</i>
14:00	-	14:25	B. Thorens, Lausanne: Recognition and reaction to hypoglycemia
14:25	-	14:50	F. Knop, Copenhagen: Regulation of glucagon secretion from the alpha-cells
14:50	-	15:15	T. Vilsboll, Copenhagen: Interventions to decrease glucagon effects in diabetes
15:15	-	15:40	Y. Gosmain, Geneva: The alpha-cell in type 1 and type 2 diabetes
<b>15:40</b>	-	<b>16:00</b>	<b>Coffee break</b> ( <i>Foyer, Kursraum 1</i> )
<b>16:00</b>	-	<b>17:40</b>	<b>Session 4: From islets and transplantation to the artificial pancreas</b> ( <i>Auditorium Rossi</i> ) <i>Chair: R. Lehmann, Zurich; C. Stettler, Bern</i>
16:00	-	16:30	R. Lehmann, Zurich: Long-term follow-up of simultaneous islet-kidney transplantation
16:30	-	16:55	N.S. Kenyon, Miami: Islet transplantation: from the beginning to the future
16:55	-	17:25	C. Stettler, Bern: Artificial pancreas – Role of exercise and food

17:25 - 17:50 J. Bolinder, Stockholm: From pancreas transplantation to diabetes technologies

**17:40 - 18:10 Coffee break** (*Foyer, Kursraum 1*)

**18:10 - 19:10 Satellite symposium: Sugar and the heart**

*(sponsored by AstraZeneca; Auditorium Rossi)*

Speakers: M. Donath, Basel and T. Burkard, Basel

**20.00 Dinner** (*Restaurant Gurten; Pavillon*)

## Friday, July 1, 2016 (Parallel Session)

**10:45 - 12:05 Parallel Session: Diabetes in endocrine disease**

*supported by the Swiss Society of Endocrinology and Diabetes  
(Langhans Auditorium)*

*Chair: E. Christ, Bern; F. Pralong, Lausanne*

10:45 - 11:05 C. Meier, Basel: Diabetes & Osteoporosis

11:05 - 11:25 C. Henzen, Lucerne: Diabetes & Hyperparathyroidism

11:25 - 11:45 S. Bilz, St. Gallen: Diabetes & Growth Hormone

11:45 - 12:05 P. Wiesli, Frauenfeld: Diabetes & Cortisone

**13:30 - 15:40 Parallel Session: Diabetes-Update 2016 für Berater/-innen**

*supported by the Swiss Diabetes Association (in German; Langhans Auditorium)*

*Chair: I. Zanella, Biel; C. Weiss, Bern*

13:30 - 14:00 E. Horat, Bern: Lösungsorientiert kommunizieren

14:00 - 14:30 R. Fricker, Bern: Verschiedene Fazetten der Kohlenhydrate

14:30 - 15:00 L. Bally, Bern: Continuous Glucose Monitoring zur Therapentscheidung

15:00 - 15:00 B. Chappuis, Burgdorf: Neue Diabetesmedikamente - wird nun alles besser?

## Saturday, July 2, 2016

**08:15 - 09:30 Session 5: Oral presentations** (*Auditorium Rossi*)

*Chair: E. Hatzigelaki, Athens; E. Standl, Munich*

**09:30 - 10:30 Session 6: From obesity to type-2 diabetes** (*Auditorium Rossi*)

*Chair: Z. Stanga, Bern; C. Herder, Düsseldorf*

09:30 - 09:50 A. Golay, Geneva: The double insulin resistance

09:50 - 10:10 M. Donath, Basel: Targeting inflammation in obesity to prevent and treat type 2 diabetes

10:10 - 10:30 P. Gerber, Zurich: Fructose: Guilty or innocent?

**10:30 - 11:00 Coffee break** (*Kursraum 1, Foyer*)

**11:00 - 12:20 Session 7: Update on pathophysiology of diabetes** (*Auditorium Rossi*)

*Chair: G. Spinass, Zurich; H. Schatz, Bochum*

11:00 - 11:20 N.C. Schloot, Düsseldorf: Autoimmunity in human type 1 diabetes

11:20 - 11:40 P. Maechler, Geneva: Mitochondrial function and insulin secretion

11:40 - 12:00 K. Ahmed, Zurich: microRNA and islet function

12:00 - 12:20 J. Krützfeldt, Zurich: microRNA and insulin resistance

**12:20 - 12:40 Closing session including presentation of the next FID congress venue**

*(Auditorium Rossi)*

**12:40 Farewell Apero** (*Kursraum 1, Foyer*)